

RHINITIS

Meaning: Rhinitis is the inflammation of the mucous membrane in the nose, often resulting in symptoms like sneezing and nasal congestion, typically caused by allergens or irritants.

1. Rhinitis often leads to persistent sneezing and nasal congestion.
2. Allergic rhinitis can be triggered by pollen, dust mites, or pet dander.
3. Many patients with rhinitis report a significant decrease in their quality of life.
4. Treatment for rhinitis may include antihistamines and nasal corticosteroids.
5. Understanding the underlying cause of rhinitis is essential for effective management.

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