RETROSPECTION

Meaning: Retrospection is the act of reflecting on or reviewing past experiences and decisions.

1. Retrospection can often lead to valuable insights about our past decisions.
2. In moments of quiet, she found solace in retrospection, reflecting on her life's journey.
3. The artist's work was heavily influenced by retrospection, as he often revisited his childhood memories.
4. During therapy, he engaged in retrospection to understand the roots of his anxiety.
5. Retrospection not only helps us learn from our mistakes but also celebrates our achievements.

Source: sentences.whatistheurl.com

https://sentences.whatistheurl.com/sentence/retrospection