

RESTRAINT

Meaning: Restraint is the ability to control one's emotions, actions, or impulses to prevent excess or maintain order.

1. Restraint is often necessary to maintain peace during heated discussions.
2. The artist demonstrated remarkable restraint by limiting her use of color in the painting.
3. In moments of anger, practicing restraint can prevent regretful actions.
4. His physical restraint during the competition showcased his dedication and discipline.
5. They urged the committee to exercise restraint in their spending to avoid financial issues.

Source: sentences.whatistheurl.com

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