

# RESTORATORY

*Meaning: RESTORATORY: Having the ability to restore health, strength, or well-being.*

1. The restorative qualities of the herbal tea helped her relax after a long day.
2. His kind words had a restorative effect on her weary spirit.
3. They designed the garden as a restorative space for community gatherings and relaxation.
4. The therapy focused on restorative practices to heal both body and mind.
5. After the hectic week, a weekend retreat became a restorative escape for the entire team.

---

*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/restoratory>*