

RESTIFFNESS

Meaning: Restiffness refers to a state of being resistant to control or change, often characterized by stubbornness or unwillingness to comply.

1. The restiffness of the horse made it difficult for the rider to control during the competition.
2. Despite his restiffness in the face of change, he eventually adapted to the new environment.
3. Her restiffness about expressing emotions often led to misunderstandings in her relationships.
4. In yoga class, the instructor emphasized that overcoming restiffness requires patience and practice.
5. The team's restiffness regarding new strategies hindered their ability to innovate.

Source: sentences.whatistheurl.com

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