

REPRESSION

Meaning: Repression is the act of suppressing or restraining individual freedoms, expressions, or dissent, often by authority or government.

1. Repression of individual freedoms can lead to widespread social unrest.
2. The government faced criticism for its systematic repression of dissenting voices.
3. Her memories of childhood were marked by the repression of her true emotions.
4. Mental health professionals often study the effects of repression on anxiety and depression.
5. Art can serve as a powerful tool for expressing feelings that are often suppressed through repression.

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