

RELIEVER

Meaning: Reliever: a person or thing that alleviates pressure or stress, particularly in sports as a substitute pitcher, or in general as a source of comfort or relaxation.

1. The baseball coach decided to use a reliever in the seventh inning to secure the game.
2. After a long day at work, she found her favorite book to be a much-needed emotional reliever.
3. The team's reliever struck out the final batter, clinching the championship title.
4. In yoga class, the instructor demonstrated a breathing technique that served as a stress reliever.
5. He always kept a stress ball on his desk as a simple reliever for tough moments.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/reliever>