

REJUVENATE

Meaning: Rejuvenate: to restore to a more youthful or energetic state; to revitalize or refresh.

1. The spa treatment helped to rejuvenate her tired skin.
2. A weekend getaway in the mountains can rejuvenate your spirit and energy.
3. New research aims to discover methods to rejuvenate aging cells in the human body.
4. Yoga and meditation practices are known to rejuvenate both the mind and body.
5. The innovative technology promises to rejuvenate urban environments and improve quality of life.

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