

REGULATE

Meaning: To control or maintain the rate or speed of a process or activity, often through rules or laws, in order to ensure safety, fairness, or compliance.

1. Governments often implement policies to regulate industries and protect consumers.
2. The organization aims to regulate emissions from factories to combat climate change.
3. She felt it was necessary to regulate her spending to save for a new car.
4. In order to ensure safety, the agency must regulate the use of certain chemicals in food production.
5. The school decided to regulate the use of cell phones during class hours to minimize distractions.

Source: sentences.whatistheurl.com

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