

REGULAR

Meaning: Regular: occurring at fixed intervals or consistently; habitual.

1. She goes for a regular jog every morning to stay fit.
2. The restaurant is known for its regular customers who come in every week.
3. It's important to maintain a regular sleep schedule for overall health.
4. The meeting is held at regular intervals to ensure everyone is updated.
5. He prefers regular coffee over any flavored variations at the café.
6. She attends her yoga class on a regular basis to improve her flexibility.
7. The restaurant offers a regular menu along with daily specials that change.
8. It's important to maintain a regular sleep schedule for better health.
9. He is a regular contributor to the magazine, sharing his insights each month.
10. The team has a regular meeting every Tuesday to discuss ongoing projects.
11. She attends her yoga class on a regular basis to maintain her flexibility.
12. He prefers to follow a regular routine to keep his productivity levels high.
13. Their meetings are held at regular intervals to ensure effective communication.
14. She enjoys reading regular updates about her favorite authors and their new releases.

Source: sentences.whatistheurl.com

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