

REGRESS

Meaning: Regress: to return to a previous or less advanced state or condition.

1. If we do not continue to challenge ourselves, we may regress in our personal development.
2. The software update was intended to improve performance, but it caused the system to regress to an earlier version.
3. During the therapy sessions, the patient began to regress to childhood behaviors that he had long outgrown.
4. Economic conditions can sometimes cause a society to regress rather than progress in terms of social justice.
5. Teachers are concerned that standardized testing might cause students to regress in their creative thinking skills.
6. If we don't adapt to new technologies, we risk regressing in our productivity.
7. The patient showed signs of regressing to earlier stages of development during therapy.
8. Economic policies that fail to support innovation can cause a country to regress.
9. After months of progress, the sudden change in leadership made the team regress to previous habits.
10. It's concerning to see the community regress in terms of social equality despite earlier advancements.

Source: sentences.whatistheurl.com

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