

REGIMENTATION

Meaning: Regimentation refers to the strict organization and control of activities or routines, often aimed at promoting efficiency or conformity.

1. The regimentation of daily routines can help improve productivity for many individuals.
2. In educational settings, excessive regimentation might stifle creativity and independent thinking.
3. The military is often characterized by its strict regimentation and adherence to protocols.
4. Some argue that the regimentation of society can lead to a lack of personal freedom and expression.
5. Regimentation in the workplace can create a structured environment, but it may also lead to employee dissatisfaction.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/regimentation>