

REGAIN

Meaning: To regain means to recover or get back something that was lost, such as strength or a title.

1. She worked hard to regain her strength after the illness.
2. The team is determined to regain the championship title this season.
3. He hopes to regain the trust of his colleagues after the mistake he made.
4. After losing his job, he found new motivation to regain his passion for writing.
5. Through therapy, she aimed to regain control over her anxiety.

Source: sentences.whatistheurl.com

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