

REFRESHMENT

Meaning: Refreshment refers to food or drink served to restore energy and vitality, often provided during breaks or social gatherings.

1. After a long hike, we stopped for some much-needed refreshment at the local café.
2. The conference provided various refreshments to keep attendees energized throughout the day.
3. She found refreshment in a cool breeze as she strolled through the park on a hot afternoon.
4. The team celebrated their victory with drinks and light refreshment at a nearby restaurant.
5. During the break, participants enjoyed refreshment in the form of sandwiches and fruit.

Source: sentences.whatistheurl.com

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