

REFRAME

Meaning: Reframe: to change the way something is perceived or considered, often to create a more positive or constructive perspective.

1. It can be helpful to reframe challenges as opportunities for growth.
2. After receiving feedback, she decided to reframe her approach to the project.
3. The coach encouraged the team to reframe their mindset in order to overcome setbacks.
4. In therapy, patients often learn to reframe their negative thoughts in a more positive light.
5. To improve the outcome, we need to reframe the discussion around our goals and strategies.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/reframe>