

REFRAIN

Meaning: Refrain (verb): to abstain from or avoid doing something.

1. Please refrain from using your phone during the meeting to maintain focus.
2. She decided to refrain from commenting on the sensitive topic to avoid any conflict.
3. To promote a healthier lifestyle, he chose to refrain from sugary drinks.
4. The teacher asked the students to refrain from talking while the test was in progress.
5. In the spirit of cooperation, they agreed to refrain from any negative remarks.
6. She decided to refrain from commenting on the controversial topic during the meeting.
7. It's important to refrain from making assumptions without knowing all the facts.
8. He had to refrain from laughing when he saw the puppy's silly antics.
9. To maintain a healthy lifestyle, it's wise to refrain from excessive sugar consumption.
10. The teacher encouraged the students to refrain from using their phones during class.
11. She decided to refrain from commenting on the sensitive issue.
12. Please refrain from using your phone during the presentation.
13. He had to refrain from laughing at the inappropriate joke.
14. To achieve inner peace, one must learn to refrain from negative thoughts.
15. The coach asked the players to refrain from arguing with the referees.
16. Please refrain from using your phone during the meeting.
17. It's important to refrain from making assumptions without all the facts.
18. She decided to refrain from commenting on the controversial topic.
19. To maintain a peaceful environment, we should all refrain from shouting.
20. He chose to refrain from participating in the debate to avoid conflict.