

REFECTION

Meaning: Refection is the act of thoughtful consideration or contemplation, often leading to personal insight or growth.

1. Reflection is a powerful tool for personal growth and self-improvement.
2. After a long day, she found solace in quiet reflection by the lake.
3. His reflection on the past helped him make better decisions for the future.
4. The artist captured the beauty of nature through her thoughtful reflection in her paintings.
5. In moments of reflection, he often realized the importance of gratitude in his life.

Source: sentences.whatistheurl.com

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