

RECREATION

Meaning: Recreation refers to activities done for enjoyment, relaxation, or leisure, often contributing to physical and mental well-being.

1. Recreation is essential for maintaining a healthy work-life balance.
2. Many communities offer various facilities for outdoor recreation and sports.
3. She believes that spending time in nature is the best form of recreation.
4. The festival featured a range of activities aimed at promoting recreation and wellness.
5. Recreation programs for children are crucial for their social development and teamwork skills.

Source: sentences.whatistheurl.com

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