

PUSH

Meaning: To exert oneself to the maximum in order to achieve a goal or overcome challenges.

1. She decided to push her limits and try out for the school play.
2. The coach encouraged the team to push harder during practice to improve their performance.
3. He gave the door a firm push, and it swung open with a creak.
4. Sometimes, you have to push through the discomfort to achieve your goals.
5. The campaign aims to push for greater environmental awareness in the community.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/push>