

PURGATION

Meaning: Purgation is the act of cleansing or purifying, particularly in a spiritual or emotional context.

1. The ancient ritual involved a purgation process meant to cleanse the spirit of negative energies.
2. After a long period of emotional turmoil, she felt a sense of purgation wash over her during meditation.
3. The concept of purgation is often explored in literature as a means to achieve redemption and renewal.
4. In some cultures, fasting is seen as a form of purgation that purifies both the body and the mind.
5. The therapist emphasized that purgation of past traumas is essential for personal growth and healing.

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