

PUBERTY

Meaning: Puberty is the developmental period during which a child's body undergoes physical and hormonal changes, leading to sexual maturity and the transition from childhood to adulthood.

1. Puberty marks a significant transition from childhood to adulthood.
2. During puberty, many adolescents experience rapid physical and emotional changes.
3. Understanding the process of puberty can help young people navigate their feelings and experiences.
4. Parents often find it challenging to discuss the topic of puberty with their children.
5. Puberty can vary greatly from person to person in terms of timing and symptoms.

Source: sentences.whatistheurl.com

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