

PROCRUSTEAN

Meaning: Procrustean refers to a rigid and arbitrary standard or approach that disregards individual differences or circumstances.

1. The company's policy on remote work felt increasingly Procrustean, leaving little room for individual circumstances.
2. Critics argued that the new regulations were Procrustean, applying a one-size-fits-all approach to complex issues.
3. His Procrustean method of teaching stifled creativity among students who thrived on flexibility and exploration.
4. The novel's antagonist embodied a Procrustean philosophy, insisting that everyone conform to his rigid standards of success.
5. In her pursuit of perfection, she created a Procrustean environment that ultimately alienated her friends and family.

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