

PROCRASTINATION

Meaning: Procrastination is the act of delaying or postponing tasks or actions, often leading to increased stress and difficulty in meeting deadlines.

1. Procrastination often leads to unnecessary stress and anxiety as deadlines approach.
2. Many students struggle with procrastination, finding it difficult to start their assignments on time.
3. Overcoming procrastination requires strong self-discipline and effective time management strategies.
4. She realized that her habit of procrastination was holding her back from achieving her goals.
5. Procrastination can be a silent thief of time, robbing individuals of their productivity and creativity.

Source: sentences.whatistheurl.com

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