

# PRIMIPARA

*Meaning: Primipara: a woman who is giving birth for the first time.*

1. The healthcare team provided extensive education to the primipara about labor and delivery processes.
2. As a primipara, she felt both excitement and anxiety about becoming a mother for the first time.
3. The doctor recommended additional prenatal classes for the primipara to help her prepare for childbirth.
4. Being a primipara often comes with unique challenges that can be addressed through support groups.
5. The midwife noted that the primipara had many questions regarding breastfeeding after the birth.

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