

PRESBYOPIA

Meaning: Presbyopia is an age-related vision condition characterized by the gradual loss of the eye's ability to focus on nearby objects, typically affecting individuals over 40.

1. Presbyopia is a common age-related condition that affects nearly everyone over the age of 40.
2. Many people with presbyopia find themselves holding reading materials at arm's length to see clearly.
3. Eye exams can help detect presbyopia early, allowing for proper corrective measures.
4. Progressive lenses are often recommended for those experiencing the symptoms of presbyopia.
5. Lifestyle changes, such as better lighting and magnifying tools, can also assist individuals with presbyopia.

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