

PRELUMBAR

Meaning: Prelumbar refers to the anatomical area located in front of or anterior to the lumbar spine, significant for its role in supporting the lower back and understanding spinal disorders.

1. The prelumbar region plays a crucial role in supporting the lower back during physical activities.
2. In her research, she focused on the prelumbar anatomy to better understand spinal disorders.
3. The prelumbar muscles are essential for maintaining proper posture and stability.
4. Surgeons often consider the prelumbar area when planning procedures for lower back pain relief.
5. Understanding the prelumbar biomechanics can help in designing effective rehabilitation programs.

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