

# PRACTISE

*Meaning: To engage in an activity repeatedly or regularly in order to improve skill or proficiency.*

1. I need to practise my guitar skills before the concert.
2. She decided to practise her speech several times to gain confidence.
3. To improve his cooking, he would practise new recipes every weekend.
4. It's important to practise mindfulness daily for better mental health.
5. The team had to practise regularly to prepare for the upcoming tournament.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/practise>*