

# PRACTICER

*Meaning: A practicer is a person who actively engages in a specific activity or discipline to improve their skills or understanding, such as mindfulness or a musical instrument.*

1. The practicer of mindfulness often finds greater peace in their daily life.
2. As a dedicated practicer of the violin, she spent hours perfecting her technique.
3. He is a longtime practicer of yoga, valuing its benefits for both body and mind.
4. Being a practicer of positive thinking can significantly improve your outlook on life.
5. She became a skilled practicer of herbal medicine through years of study and experience.

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