

POISE

Meaning: Poise is a state of graceful and composed self-assurance, especially in challenging situations.

1. She carried herself with a grace and poise that captivated everyone in the room.
2. In moments of crisis, his poise under pressure inspired confidence in his team.
3. The dancer's poise was evident as she effortlessly transitioned between difficult moves.
4. With a calm poise, she addressed the audience, easing their concerns about the project.
5. Her poise in handling the unexpected situation earned her respect from her colleagues.

Source: sentences.whatistheurl.com

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