

PHYSIOLOGICALLY

Meaning: Physiologically refers to the ways in which the body functions and responds to stimuli or changes in its internal or external environment.

1. The body responds physiologically to stress by releasing hormones that prepare it for action.
2. Changes in diet can lead to alterations in the microbiome that affect us physiologically.
3. Understanding how drugs interact physiologically with the body is crucial for effective treatment plans.
4. Physiologically, sleep is essential for recovery and maintenance of cognitive functions.
5. The heart rate increases physiologically during exercise to meet the body's heightened demand for oxygen.

Source: sentences.whatistheurl.com

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