

PHLEME

Meaning: Phlegm is a thick mucus secreted by the mucous membranes of the respiratory system, often produced in response to irritation or infection.

1. The persistent phlegm in her throat made it difficult for her to speak clearly.
2. He coughed repeatedly, trying to clear the phlegm that was building up in his chest.
3. During the winter months, many people experience an increase in phlegm production due to colds.
4. Doctors often recommend humidifiers to help alleviate discomfort caused by excess phlegm.
5. She noticed that certain allergies triggered an overproduction of phlegm, leading to constant throat clearing.

Source: sentences.whatistheurl.com

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