

# PESTILLATION

*Meaning: Pestillation is the process of extracting essential oils or other compounds from plants through distillation or similar methods.*

1. The process of pestillation involves the careful extraction of essential oils from plants.
2. In traditional herbal medicine, pestillation is often used to create potent tinctures and extracts.
3. Researchers are exploring the benefits of pestillation in improving the quality of natural fragrances.
4. Pestillation can be an intricate art that requires both skill and knowledge of various plants.
5. Farmers have started adopting pestillation techniques to enhance the yield of their aromatic crops.

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