

PERIOSTEUM

Meaning: Periosteum is a dense layer of connective tissue that envelops the bones, providing protection and serving as an attachment point for muscles and tendons.

1. The periosteum serves as a critical layer of protection for the bones beneath it.
2. Injuries to the periosteum can lead to significant pain and prolonged healing times.
3. Surgeons must carefully handle the periosteum during orthopedic procedures to ensure proper recovery.
4. The periosteum is rich in blood vessels and nerves, making it essential for bone health.
5. Research into the periosteum has revealed its role in bone regeneration and repair.

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