

PERIDIASTOLE

Meaning: Peridiastole is the phase of the cardiac cycle in which the heart muscle relaxes between contractions.

1. Peridiastole refers to the phase of the cardiac cycle when the heart muscle relaxes.
2. Understanding peridiastole is crucial for diagnosing certain heart conditions.
3. Researchers are studying the effects of exercise on peridiastole in athletes.
4. Abnormalities in peridiastole can lead to various cardiovascular diseases.
5. The timing of peridiastole can significantly impact overall heart efficiency.

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