

PELVIC

Meaning: Pelvic refers to the region of the body located at the lower part of the abdomen, surrounding the hip bones and containing organs such as the bladder and reproductive organs.

1. The doctor explained that pelvic pain can be caused by a variety of factors.
2. Yoga can help strengthen the pelvic floor muscles and improve flexibility.
3. During the examination, the nurse assessed the patient's pelvic area for any abnormalities.
4. Women may experience pelvic discomfort during their menstrual cycles or pregnancy.
5. Physical therapy often includes exercises targeting the pelvic region to enhance recovery.

Source: sentences.whatistheurl.com

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