

PELOTAGE

Meaning: Pelotage is the practice in cycling of drafting behind other riders to reduce air resistance and conserve energy.

1. In cycling, pelotage refers to the practice of drafting behind other riders to conserve energy.
2. The strategy of pelotage can significantly affect the outcome of a race as cyclists can save vital strength for the final sprint.
3. During the long stages of the Tour de France, teams often rely on pelotage to maintain a competitive edge.
4. Understanding the dynamics of pelotage is essential for any serious competitive cyclist looking to improve their performance.
5. Although pelotage can be advantageous, it requires precise teamwork and timing to execute effectively.

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