

# PELLAGRA

*Meaning: Pellagra is a nutritional disorder caused by a deficiency in niacin, characterized by the symptoms of dermatitis, diarrhea, and dementia.*

1. Pellagra is often associated with a deficiency in niacin, which is crucial for overall health.
2. The symptoms of pellagra include dermatitis, diarrhea, and dementia, forming the classic triad.
3. Historically, pellagra was prevalent in areas where corn was a staple food without adequate niacin intake.
4. Treatment for pellagra typically involves dietary changes and supplementation of niacin-rich foods.
5. Awareness and education about the causes of pellagra can help prevent its occurrence in at-risk populations.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/pellagra>*