

PEDOMETER

Meaning: A pedometer is a device that counts and records the number of steps taken by a person, often used to encourage physical activity.

1. The pedometer tracked my steps throughout the day, encouraging me to stay active.
2. After buying a new pedometer, I was excited to see how many steps I could accumulate during my morning jog.
3. Using a pedometer has helped me set daily fitness goals and stay motivated to achieve them.
4. She clipped the pedometer to her waistband, eager to monitor her progress during the hiking trip.
5. With the pedometer synchronizing to my smartphone, I could easily analyze my walking patterns and habits.

Source: sentences.whatistheurl.com

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