

PECTIN

Meaning: Pectin is a natural polysaccharide found in fruits that is used as a gelling agent in food products like jams and jellies.

1. Pectin is commonly used as a gelling agent in making jams and jellies.
2. Many fruits, such as apples and citrus, are rich in pectin, making them ideal for preserves.
3. The process of extracting pectin from fruit involves boiling and straining to obtain a concentrated form.
4. Some people use pectin as a natural thickener in various recipes to enhance texture without added sugars.
5. Pectin has gained popularity in the health food industry for its potential benefits in digestion and cholesterol management.

Source: sentences.whatistheurl.com

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