

PANCRATIC

Meaning: Pancratic refers to a holistic or comprehensive approach that integrates both mental and physical development, often associated with multi-disciplinary training or competitions.

1. The pancratic approach to education emphasizes the development of both the mind and body.
2. In ancient Greece, athletes trained in pancratic contests, showcasing their strength and skill in multiple disciplines.
3. The philosophy of pancratic governance seeks to balance power among various branches of authority.
4. She adopted a pancratic perspective in her leadership style, encouraging cooperation across different teams.
5. His pancratic vision for the community included initiatives that addressed health, culture, and social well-being.

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