

# PALESTRA

*Meaning: Palestra: an ancient Greek facility or gymnasium used for athletic training and education.*

1. The palestra was filled with the sounds of athletes training for the upcoming competition.
2. In ancient Greece, the palestra served as a place for young men to engage in physical and intellectual pursuits.
3. After a long day, she found solace in the quiet atmosphere of the palestra, where she could focus on her fitness goals.
4. The local community center renovated its palestra, adding new equipment and facilities for the residents.
5. He reminisced about his time spent in the palestra, where friendships were forged over shared workouts and challenges.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/palestra>*