

PAIN

Meaning: Pain is an unpleasant physical sensation or discomfort that signals potential injury or the need for self-care.

1. Pain can often serve as a reminder that we need to take better care of ourselves.
2. After the long run, she felt a sharp pain in her knee that made her worry about an injury.
3. He tried to mask his pain with a smile, but his eyes betrayed the discomfort he was in.
4. The emotional pain of losing a loved one can linger far longer than physical injuries.
5. In yoga, we learn to embrace our pain as a pathway to greater strength and flexibility.
6. She felt a sharp pain in her back after lifting the heavy box.
7. The emotional pain of losing a loved one can be incredibly difficult to bear.
8. After the accident, he experienced chronic pain that required ongoing treatment.
9. Yoga and meditation can help alleviate both physical and mental pain.
10. Her face twisted in pain as she stumbled over the rough terrain.

Source: sentences.whatistheurl.com
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