

OVERLEARNED

Meaning: Overlearned refers to having studied or practiced something to the point of becoming overly familiar or rote, resulting in a lack of freshness or spontaneity in performance or understanding.

1. The students had overlearned the material, making it difficult for them to approach the exam with fresh perspectives.
2. Despite his confidence, he realized he had overlearned the routine and was no longer performing with enthusiasm.
3. Overlearning a skill can lead to automaticity, allowing for smoother execution under pressure.
4. While it's beneficial to master content, overlearning can sometimes stifle creativity and critical thinking.
5. She found that the concepts she had overlearned were now second nature, freeing her to explore more advanced topics.

Source: sentences.whatistheurl.com

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