OVERGORGE

Meaning: Overgorge: to excessively indulge in eating or consuming food, resulting in discomfort or over-satiation.

1. The exquisite buffet was so tempting that I couldn't help but overgorge myself on the savory dishes.

2. After the holiday feast, I realized I had overgorged on sweets, leaving me feeling uncomfortably full.

3. During the family gathering, my cousin managed to overgorge at the dessert table, piling his plate high with pastries.

4. Despite my best intentions to eat mindfully, I found myself overgorging during the all-you-can-eat sushi night.

5. It's easy to overgorge during celebrations, but moderation is key to enjoying the food without regret.

Source: sentences.whatistheurl.com

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