

OVERGIVE

Meaning: Overgive: to excessively devote one's time, energy, or resources to others or to tasks, often resulting in personal depletion or neglect of one's own needs.

1. It's easy to overgive in relationships, often leading to personal exhaustion.
2. She tends to overgive her time and energy to projects, leaving little for herself.
3. Overgiving can sometimes create an imbalance, where one party feels more invested than the other.
4. He realized that to maintain his well-being, he needed to set boundaries and avoid overgiving.
5. The workshop addressed the dangers of overgiving and encouraged participants to prioritize self-care.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/overgive>