

OVERDOER

Meaning: An overdoer is a person who excessively engages in tasks or responsibilities, often to the detriment of their own well-being or work-life balance.

1. An overdoer often finds it difficult to set boundaries in their work life.
2. In her quest for perfection, she became known as the resident overdoer among her colleagues.
3. The overdoer's relentless drive can sometimes lead to burnout if not managed properly.
4. He approached every project with the mentality of an overdoer, pushing himself to the limit.
5. Friends often joked that his overdoer tendencies made planning vacations a logistical nightmare.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/overdoer>