

# OVERBURDEN

*Meaning: OVERBURDEN (verb): To impose an excessive load or strain on someone or something, leading to stress or difficulty in coping.*

1. The constant demands of her job began to overburden her mental health.
2. Farmers often feel overburdened by regulations that seem to change frequently.
3. He worried that taking on too many projects would overburden his team.
4. The weight of his responsibilities can sometimes overburden his ability to think clearly.
5. Overburdened by debt, she sought help from a financial advisor to regain control.
6. The manager was concerned that the new project would overburden the already stretched team.
7. Many students feel overburdened by the pressure to excel in their studies.
8. Excessive regulations can overburden small businesses, making it difficult for them to thrive.
9. The heavy workload began to overburden her, leading to increased stress and fatigue.
10. In trying to please everyone, he found himself overburdened with too many commitments.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/overburden>*