

OSTMEN

Meaning: Ostmen refers to Norsemen, particularly Vikings, who engaged in seafaring, trading, and raiding along the coasts of Europe, especially during the Viking Age.

1. The Ostmen were known for their seafaring skills and daring raids along the coasts of Europe.
2. In the Viking Age, the Ostmen settled in parts of what is now Ireland and England.
3. Historical texts often mention the Ostmen as fierce warriors who navigated the North Atlantic.
4. Local legends sometimes romanticize the Ostmen as both conquerors and traders in distant lands.
5. Archaeological findings have revealed artifacts that hint at the cultural influence of the Ostmen in medieval society.

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