

# OPT

*Meaning: To choose or decide in favor of a particular option or course of action.*

1. You can opt for the vegetarian option at the restaurant if you prefer.
2. Many students choose to opt for online courses to have more flexibility in their schedules.
3. I decided to opt out of the group project because I felt overwhelmed with other commitments.
4. In the software settings, you can opt to receive notifications for important updates.
5. She had the opportunity to opt in to the exclusive membership program for early access to sales.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/opt>*