

# ONESELF

*Meaning: Oneself refers to a person's own self or identity, particularly in the context of self-awareness and authenticity.*

1. To truly understand others, one must first understand oneself.
2. In moments of reflection, she found strength in being true to oneself.
3. The journey of self-discovery often leads one to confront oneself honestly.
4. He realized that happiness begins with accepting oneself fully.
5. In a world filled with noise, it is important to listen to oneself.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

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